




South Gosforth First School
PSHE –Year Two Spring 1 Overview



What helps us to stay safe?



<u>Health and Wellbeing</u>	Keeping safe; Recognising risk; Rules
In this unit pupils learn:	<ul style="list-style-type: none"> • how rules and restrictions help them to keep safe (e.g. basic road, fire, cycle, water safety; in relation to medicines/ household products and online) • how to identify risky and potentially unsafe situations (in familiar and unfamiliar environments, including online) and take steps to avoid or remove themselves from them • how to resist pressure to do something that makes them feel unsafe or uncomfortable, including keeping secrets • how not everything they see online is true or trustworthy and that people can pretend to be someone they are not • how to tell a trusted adult if they are worried for themselves or others, worried that something is unsafe or if they come across something that scares or concerns them
PSHE Association Programme of Study references:	<p>H28: about rules and age restrictions that keep us safe</p> <p>H29: to recognise risk in simple everyday situations and what action to take to minimise harm</p> <p>H30: about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters)</p> <p>H31: that household products (including medicines) can be harmful if not used correctly</p> <p>H32: ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely</p> <p>H34: basic rules to keep safe online, including what is meant by personal information and what should be kept private; the importance of telling a trusted adult if they come across something that scares them</p> <p>RI4: that sometimes people may behave differently online, including by pretending to be someone they are not</p> <p>RI6: about how to respond if physical contact makes them feel uncomfortable or unsafe</p> <p>RI8: about the importance of not keeping adults' secrets (only happy surprises that others will find out about eventually)</p>

	<p>R19: basic techniques for resisting pressure to do something they don't want to do and which may make them unsafe</p> <p>R20: what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard</p> <p>L1: about what rules are, why they are needed, and why different rules are needed for different situations</p> <p>L9: that not all information seen online is true</p>		
Key vocabulary:	rules; restrictions; unsafe; uncomfortable; online; respect; risks; trusted adult; concerns; reporting		
No Outsiders Text:	<p>'What the Jackdaw Saw'</p> <p>by Julia Donaldson</p> 	<p>Learning Intention:</p> <p>To communicate in different ways</p>	<p>Success Criteria:</p> <p>I know there are different ways to communicate</p> <p>I can learn to use sign language</p>