

Primary School Lunch Menu

Week 1 Monday

South Gosforth First School



**Cheese
Omelette**

Green



**Quorn
Bolognese**

Blue



**Egg & Cress
Baguette**

Orange



**Jacket Potato
with Choice of
Fillings
Cheese or
Baked Beans**

Yellow

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Primary School Lunch Menu

Week 1 Tuesday

South Gosforth's First School



**Chicken
Korma**

Red



**Quorn
Mince Pie**

Green



**Cheese
Sandwich**

Orange



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

Yellow

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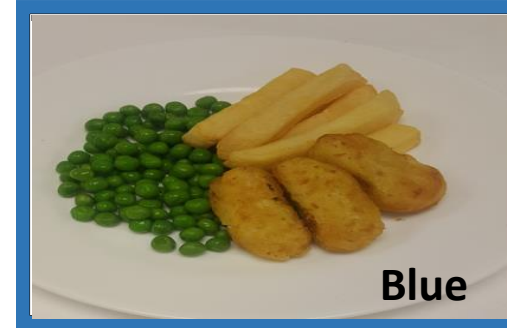
Primary School Lunch Menu

Week 1 Wednesday

South Gosforth's First School



**Cheese &
Tomato Pizza**



**Vegetable
Fingers**



**Ham
Sandwich**



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna
or Baked Beans**

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Primary School Lunch Menu

Week 1 Thursday

South Gosforth's First School



**Roast Turkey
with Sage &
Onion Stuffing**

Red



**Tuna
Sandwich**

Orange



**Pasta
Pomodoro**

Green



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

Yellow

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Primary School Lunch Menu

Week 1 Friday

South Gosforth's First School



**Cod
Fish Fingers**



**Turkey
Sandwich**



**BBQ Quorn
Stir Fry**



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna
or Baked Beans**

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Primary School Lunch Menu

Week 2 Monday

South Gosforth's First School



**Quorn
Dippers**



**Quorn &
Chickpea
Curry**



**Cheese
Sandwich**



**Jacket Potato
with Choice
of Fillings
Cheese or
Baked Beans**

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Primary School Lunch Menu

Week 2 Tuesday

South Gosforth's First School



Red

**Mince &
Dumplings**



Green

**Quorn
Meatballs in
Tomato Sauce**



Orange

**Turkey
Sandwich**



Yellow

**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 2 Wednesday

South Gosforth's First School



Red

**Roast
Chicken**



Green

**Quorn Burger
in a Bun**



Orange

**Tuna
Sandwich**



Yellow

**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 2 Thursday

South Gosforth's First School



**Pork Sausages
with Gravy**



**Vegetarian
Lasagne**



**Ham
Sandwich**



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 2 Friday

South Gosforth's First School



Red

**Battered
Fish**



Green

**Cheese &
Potato Pie**



Orange

**Cheese
Sandwich**



Yellow

**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 3 Monday

South Gosforth's First School



**Tomato &
Mascarpone
Pasta**



**Southern
Style
Quorn
Fillet**



**Egg Mayo
Sandwich**



**Jacket Potato
with Choice
of Fillings
Cheese or
Baked Beans**

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Primary School Lunch Menu

Week 3 Tuesday

South Gosforth's First School



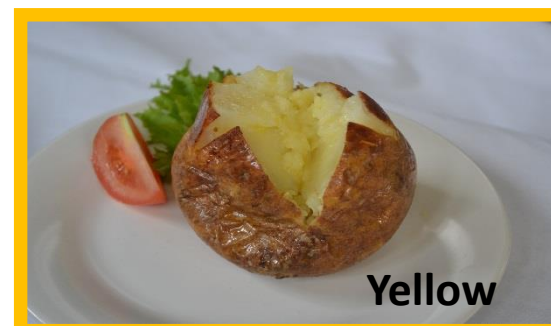
**Chicken
Jalfrezi**



**Pizza
Margherita**



**Sandwich
Selection**



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 3 Wednesday

South Gosforth's First School



Roast Chicken



Lamb Kofta



Cheese Sandwich



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna
or Baked Beans**

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Primary School Lunch Menu

Week 3 Thursday

South Gosforth's First School



**Spaghetti
Bolognese**



**Quorn
Sausage Roll**



**Ham
Sandwich**



**Jacket Potato
with Choice
of Fillings
Cheese,
Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 3 Friday

South Gosforth's First School



**Fish
Goujons**

Red



**Cheese
Sandwich**

Orange



**Three Bean
Chilli**

Green



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

Yellow

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