





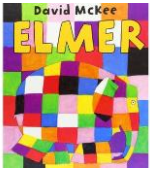
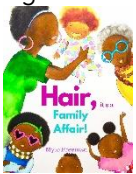
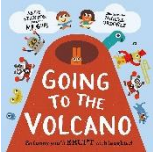
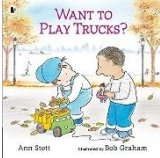
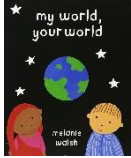




South Gosforth First School
PSHE –Year One Long Term Overview



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Question	<p>What is the same and different about us?</p> 	<p>Who is special to us?</p> 	<p>What helps us stay healthy?</p> 	<p>What can we do with money?</p> 	<p>Who helps to keep us safe?</p> 	<p>How can we look after each other and the world?</p> 
Themes	<p><u>Relationships</u> Ourselves and others Similarities and differences Individuality Our bodies</p>	<p><u>Relationships</u> Ourselves and others People who care for us Groups we belong to Families</p>	<p><u>Health and Wellbeing</u> Being healthy Hygiene Medicines People who help us with health</p>	<p><u>Living in the Wider World</u> Money Making choices Needs and wants</p>	<p><u>Health and Wellbeing</u> Keeping safe People who help us</p>	<p><u>Living in the Wider World</u> Ourselves and others The world around us Caring for others Growing and changing</p>
No Outsiders Text	<p>'Elmer' by David McKee</p> 	<p>'Hair, It's a Family Affair' by Mylo Freeman</p> 	<p>'Going to the Volcano' by Andy Stanton</p> 	<p>'Want to play trucks?' by Ann Stott</p> 	<p>'My World, Your World' by Melanie Walsh</p> 	<p>'Errol's Garden' by Gillian Hibbs</p> 