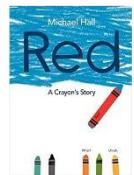
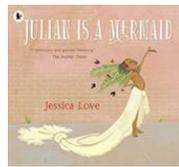
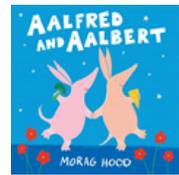




South Gosforth First School
PSHE –Year Four Long Term Overview



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Question	<p>How can we manage our feelings?</p> 	<p>What strengths, skills and interests do we have?</p> 	<p>How do we treat each other with respect?</p> 	<p>How can our choices make a difference to others and the environment?</p> 	<p>How will we grow and change?</p> 	<p>How can we manage risk in different places?</p> 
Themes	<p><u>Health and Wellbeing</u> Feelings and emotions Expression of feelings Behaviour</p>	<p><u>Health and Wellbeing</u> Self-esteem Self-worth Personal qualities Goal setting Managing set backs</p>	<p><u>Relationships</u> Respect for self and others Courteous behaviour Safety Human rights</p>	<p><u>Living in the Wider World</u> Caring for others The environment People and animals Shared responsibilities Making choices and decisions</p>	<p><u>Health and Wellbeing</u> Growing and changing Puberty</p>	<p><u>Health and Wellbeing</u> Keeping safe Out and about Recognising and managing risk</p>
No Outsiders Text	<p>'When Sadness Comes to Call' by Eva Eland</p> 	<p>'Red: A Crayon's Story' by Michael Hall</p> 	<p>'Along Came a Different' by Tom McLaughlin</p> 	<p>'Julian is a Mermaid' by Jessica Love</p> 	<p>'Aalfred and Aalbert' by Morag Hood</p> 	<p>'Dogs Don't Do Ballet' by Anna Kemp</p> 